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[Teachings Of The Buddha](#)

Teachings of the Buddha

- Originally passed on orally
- Meetings of Buddhists at special places during rainy seasons = passing on of recent teachings and reminders of others
- People were used to remembering things 'off by heart' as writing was not common practice.
- The rainy season lasts for many weeks – plenty of time for discussion and learning.



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The Three Jewels are: The Gautama Buddha, the historical Buddha, the Blessed One, the Awakened with true knowledge. The Dharma, the precepts, the practice, the Four Truths, the Eightfold Path. The Sangha, order of monks, the community of Buddha's disciples.

20 Nov 2012 . The Basic Teachings of Buddha which are core to Buddhism are: The Three Universal Truths; The Four Noble Truths; and. The Noble Eightfold Path.

Buddhas teachings. Sermon at Benares. The Four Noble Truths. The Sermon at Benares. One day, whilst sitting under a great, spreading, Bo tree Siddhartha Gautama felt that he was somehow undergoing profound, and extensive, alterations of realisation and awakening. The Four Noble truths. The Noble Eightfold Path.

The two main goals of Buddhism are getting to know ourselves and learning the Buddha's teachings. To know who we are, we need to understand that we have.

17 Nov 2009 . This article examines the Four Noble Truths, four principles which contain the essence of the Buddha's teachings.

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